



# WINNETU

OCEANSIDE RESORT  
EDGARTOWN, MARTHA'S VINEYARD

## MASSAGE MENU

Available in our Massage Treatment Rooms located at the Winnetu.

### HOT STONE THERAPY

Warm stones are placed on the Chakra centers of the body during your massage. It is the perfect way to relieve tense muscles, sore joints, and increase energy.

60 minutes-----\$160  
90 minutes-----\$240

### SWEDISH MASSAGE

Long, flowing, connecting strokes are used to relax muscle tension and soothe your mind and spirit.

60 minutes-----\$140  
90 minutes-----\$210

### BACK, NECK AND SHOULDERS

The three most common places to hold your daily stress. Your therapist will work to alleviate tension and rejuvenate your soul.

60 minutes-----\$140  
90 minutes-----\$210

### NEUROMUSCULAR THERAPY

A specific massage using soft tissue manipulation that balances the body's systems. This will help relieve acute or chronic pain.

60 minutes-----\$150  
90 minutes-----\$225

### DEEP TISSUE MASSAGE

A deep, strong, invigorating massage that will ease muscle soreness due to overuse or stress.

60 minutes-----\$140  
90 minutes-----\$210

### FOOT REFLEXOLOGY

Pressure Points on the feet are manipulated to help with tension and fatigue creating balance and harmony throughout the body.

60 minutes-----\$140  
90 minutes-----\$210

### PRENATAL MASSAGE

A gentle relaxing massage for the mother-to-be.

60 minutes-----\$150

RESERVATIONS: 508.627.1331 ext. 1501

Reservations must be canceled/rescheduled at least 24 hours in advance to avoid being charged