

- Why -

Massage therapy not only provides relaxation and relief to muscle strain and fatigue, a therapeutic massage may improve your health. There are many benefits to massage therapy, including physical, emotional, and physiological improvements in the body.

- Where & When -

Available in our Massage Treatment rooms at the Activities Center.

In Room Service available for an additional charge.

Daily 8:00am-5:00pm

- Cancellations & Rescheduling-

ALL APPOINTMENTS MUST BE CANCELLED/RESCHEDULED AT LEAST 24 HOURS IN ADVANCE TO AVOID BEING CHARGED.

*Tension is who you think you should be.
Relaxation is who you are”*

Chinese Proverb



Massage

Reservation
508-627-1331 X 1501

Hot Stone Therapy

Warm stones are placed on the Chakra centers of the body during your massage. Perfect way to relieve tense muscles, sore joints, and increase energy.

Single	
60 minutes	160.00
90 minutes	240.00
Couple	
60 minutes	320.00

Neuromuscular Therapy

A specific massage using soft tissue manipulation that balances the body's systems. Helps to relieve acute or chronic pain.

Single	
60 minutes	150.00
90 Minutes	225.00
Couple	
60 minutes	300.00

Swedish

Long, flowing, connecting strokes are used to relax muscle tension and soothe your mind and spirit.

Single	
60 minutes	140.00
90 minutes	210.00
Couple	
60 minutes	280.00

Back, Neck and Shoulders

The three most common places to hold your daily stress. Your therapist will work to alleviate tension and rejuvenate your soul.

Single	
60 minutes	140.00
90 minutes	210.00
Couple	
60 minutes	280.00

Deep Tissue

Deep, strong, invigorating massage that will ease muscle soreness due to overuse or stress.

Single	
60 minutes	140.00
90 minutes	210.00
Couple	
60 minutes	280.00

Foot Reflexology

Pressure points on the feet are manipulated to help with tension and fatigue creating balance and harmony throughout the body.

Single	
60 minutes	140.00
90 minutes	210.00

Prenatal

A gentle relaxing massage for the mother to be.

60 minutes	150.00
------------	--------
